SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Anatomy and Physiology

CODE NO.: EST135 SEMESTER: 2

PROGRAM: Esthetician

AUTHOR: Donna Alexander

DATE: Jan. 2013 **PREVIOUS OUTLINE DATED:** Jan. 2012

APPROVED: "Marilyn King" Jan. 2013

CHAIR, HEALTH PROGRAMS DATE

TOTAL CREDITS: 3

PREREQUISITE(S): None

HOURS/WEEK: 3

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I. COURSE DESCRIPTION:

This course will provide the learner with a general understanding and working knowledge of the structure and function of the human body. Each body system will be addressed in order to understand how the structures and functions are related and how all body systems work together to carry on complex activities. The learner will explore the physiological changes in the body related to both the aging process and to common health challenges.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Act within the esthetician role, under supervision and by following established policies and procedures.

Potential Elements of the Performance:

- Discover the relationship between acquiring knowledge of human anatomy and physiology and the role of the esthetician.
- Demonstrate accountability and an appreciation for continuous learning.
- 2. Use basic knowledge and established policies and procedures.

Potential Elements of the Performance:

- Outline the basic human characteristics that are essential for life.
- Determine the relationship between anatomy and physiology and growth and development across the lifespan.
- Identify typical responses in body structure and functions as it relates to the aging process.
- 3. Make relevant observations in an on-going and timely manner.

Potential Elements of the Performance:

- Differentiate between normal and abnormal responses as related to body functioning in health and in illness.
- Identify typical physiological responses that clients may manifest when experiencing health challenges.
- Identify changes in a client's usual condition, health state, or situation that requires reporting to the supervisor.
- 4. Communicate effectively and appropriately using oral, written, and non-verbal methods.

Potential Elements of the Performance:

- Write and speak clearly using the correct terminology and abbreviations when referring to human anatomy and physiology.
- Identify common terms used to describe specific regions of the human body.

5. Describe the basic principles, structures, functions, and anatomical terms as they relate to the human body.

Potential Elements of the Performance:

- Define anatomy, physiology and homeostasis.
- Explain the structural levels of organization of the human body.
- Identify the organs, structure and function for each system of the human body.
- Label anatomical structures on diagrams related to each body system.

III. TOPICS:

- 1. Introduction to the Human Body
- 2. Cells
- 3. Tissues and Membranes
- 4. Integumentary System
- 5. Skeletal System
- 6. Muscular System
- 7. Nervous System (Nervous Tissue and Brain)
- 8. Nervous System (Spinal Cord and Peripheral Nerves)
- 9. Sensory System
- 10. Endocrine System
- 11. Blood
- 12. Heart
- 13. Blood Vessels and Circulation
- 14. Lymphatic System
- 15. Immune System
- 16. Respiratory System
- 17. Digestive System
- 18. Urinary System
- 19. Reproductive System

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

There are no required resources for this course. Course materials will be provided by the professor.

V. EVALUATION PROCESS/GRADING SYSTEM:

1. The pass mark for this course is 50%. It is composed of quizzes and tests.

2. Online Quizzes 20% Tests (4 x 20%) 80%

- 3. Online quizzes: two attempts for each quiz, highest mark will be recorded
- 4. Students missing the quizzes for any reason will not be able to complete them after the due date.
- 5. Students missing a test because of illness or other serious reason must contact the professor before the test to inform her/him. Those students who have notified the professor of their absence, according to policy, will be eligible to arrange an opportunity to write the test at another time. Students must contact the professor on their first day back at school or clinical following a missed test. Those students who do not follow the above procedures will receive a zero for that test.

<u>Grade</u>	<u>Definition</u>	Grade Point Equivalent
A+ A	90 – 100% 80 – 89%	4.00
B C D F (Fail)	70 - 79% 60 - 69% 50 – 59% 49% and below	3.00 2.00 1.00 0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR W	Grade not reported to Registrar's office. Student has withdrawn from the course without academic penalty.	

Note:

For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.